

Cyflwynwyd yr ymateb hwn i ymchwiliad y [Pwyllgor Plant, Pobl Ifanc ac Addysg ynghylch aflonyddu rhywiol rhwng cyfoedion ymysg dysgwyr](#)

This response was submitted to the [Children, Young People and Education Committee inquiry into Peer on peer sexual harassment among learners](#)

PPSH 05

Ymateb gan: Ambiwylans Sant Ioan Cymru

Response from: St John Ambulance Wales

Nodwch eich barn mewn perthynas â chylch gorchwyl yr ymchwiliad, sydd wedi'u grwpio'n 5 thema: | Record your views against the inquiry's terms of reference, which have been grouped into 5 themes:

1. Maint | Scale
2. Effaith | Impact
3. Effeithiolrwydd ymyriadau | Effectiveness of interventions
4. Y cyd-destun ehangach | Wider context
5. Arall | Other

1. Maint | Scale

2. Effaith | Impact

Can we define and distinguish between well-being and mental health issues please or else it may trivialise those with actual diagnosable conditions. Eg. Feeling anxious is not the same thing as having an anxiety disorder; feeling sad is not the same thing as having depression etc.

Is there space for physical health issues also? Eg. Is someone losing or gaining weight as a result of exposure; is someone noticing their hair and skin have changed in quality as a result of exposure. Physical health problems are often a bellwether for underlying mental health problems.

3. Effeithiolrwydd ymyriadau | Effectiveness of interventions

How will effectiveness be measured?



4. Y cyd-destun ehangach | Wider context

5. Arall | Other

We know from research on perpetrator work, and research done in Sweden, when they actively undertook a societal restructure to address VAWG, that in the initial stages of trying to address VAWG, VAWG actually increased. It was found that it increased because those perpetrating VAWG were losing their power and control and therefore they tried to exert even greater power and control than they previously used.

So a) what will be done to support those who are victims to this, who will likely to become greater victims in the interim, and how is that measured; and b) how will your monitoring of effectiveness be adjusted to take into account what we know from this existing research? There's no mention that this research is acknowledged within the terms of reference.

