

Cynulliad Cenedlaethol Cymru | National Assembly for Wales

Y Pwyllgor Plant, Pobl Ifanc ac Addysg | Children, Young People and Education Committee

Ymchwiliad i Gwella Iechyd Emosiynol ac Iechyd Meddwl Plant a Phobl Ifanc - Gwybodaeth Bellach | Inquiry into The Emotional and Mental Health of Children and Young People – Further Information

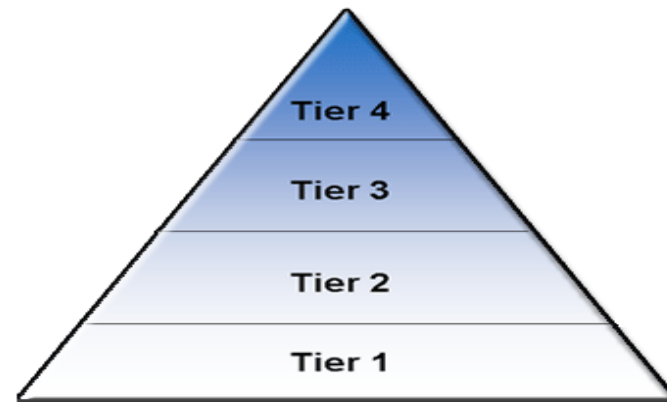
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Ymateb gan: Dr Liz Gregory, Grŵp Cynghori Arbenigol Cenedlaethol Seicolegwyr Cymhwysol ym maes Iechyd

Response from: Dr Liz Gregory, Applied Psychologists in Health National Specialist Advisory Group

## Iceberg Model of Children's Mental Health

Families who have the practical and psychological resources to engage



Families with multiple ACEs who struggle to access traditional services but who would benefit from a community embedded and Trauma informed approach